






APRIL 2023 NEWSLETTER

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Grant Statement

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From the Director's Desk



Welcome to this quarter's edition of the NCEED newsletter! There have been several developments since our last publication, and we have a few exciting projects underway. We're pleased to share these updates with you.

Just a few weeks ago, NCEED participated in several events in recognition of Eating Disorder Awareness Week. First, I had the privilege of serving as keynote speaker for the [2023 FEAST of Knowledge conference](#) where I spoke with parents, caregivers, and families about NCEED's work. Attendance broke records for FEAST and it was invigorating to share how NCEED is enhancing access to eating disorder-informed care. Next, NCEED Deputy Director Jean Doak, PhD, was a [SciLine](#) media-briefing panelist. She talked about the demographics of those who experience eating disorders, underdiagnosed populations, eating disorder treatment options and the efficacy of those treatments. She was also a recent invited guest on [Your Radio Doctor](#) to provide an overview of eating disorders and discuss signs, symptoms, and screening. Later that week, I also had the opportunity to present on NCEED's Screening, Brief Intervention, and Referral to Treatment for Eating Disorders ([SBIRT-ED](#)) tool during a [collaborative event with the Office on Women's Health](#) within the Office of the Assistant Secretary for Health. This marks NCEED's second year in a row that we have partnered with our colleagues within the U.S. Department of Health and Human Services for Eating Disorder Awareness Week. We are humbled to continue collaborations with them to increase awareness of eating disorders and to equip healthcare providers with the knowledge and skills they need! To close out the week, we also partnered with the [Carolina Resource Center for Eating Disorders](#), a regional organization focused on developing and connecting resources for those in North Carolina. During our collaborative webinar, we had the opportunity to connect with clinicians in North Carolina who are doing important frontline work to detect and manage eating disorders. Our role is to connect them with resources that enhance and enable their work. It was certainly a busy Eating Disorder Awareness Week for NCEED, and we were thrilled to be part of the national conversation!

Given our consistent focus on increasing the capacity for frontline healthcare providers to detect and manage eating disorders, **NCEED is also pleased to announce that we are partnering with the Health Resources and Services Administration (HRSA) and their Primary Care Training and Enhancement (PCTE) program.** The PCTE program aims to strengthen the primary care workforce (e.g. Family Medicine, Internal Medicine, Pediatrics) so they are better equipped to serve populations that are geographically isolated, economically vulnerable, or medically vulnerable. Through the work of the [Eating Disorders Coalition](#), [\\$1M in funding was secured](#) for the PCTE grantees to receive education and training on eating disorder detection and management. HRSA reached out to NCEED to provide that education and training, and we are excited to work with the 21 grantees in the coming months. This represents a major win for the field, as future physicians who are part of these programs will now receive regular training in eating disorder detection and management!

In the coming months, NCEED will also host two webinars with our colleagues and partners at the Addiction Technology Transfer Center (ATTC) and Project HEAL. Our webinar with the ATTC will focus on the comorbidity between eating disorders and substance use disorders and provide meaningful, practical knowledge on how clinicians can manage these conditions in their practice. The collaborative webinar with Project HEAL centers around intergenerational trauma and its role in the development and maintenance of eating disorders. Nationally renowned speaker [Dr. Carolyn Coker-Ross](#) serves as subject matter expert in both webinars. NCEED is honored that she has agreed to provide such rich and informative content to a variety of stakeholders. The planning for these various events and products is in the early stages, but we cannot wait to share these exciting developments as they progress. Sign up for our newsletter and follow us on social media for dates and registration information for both webinars!

As always, NCEED is grateful for your continued collaboration and we look forward to interacting with you, so please don't hesitate to reach out to us with questions or ideas at info@nceedus.org!

Best Regards,

Christine M. Peat, PhD, FAED, LP

Director, National Center of Excellence for Eating Disorders
Associate Professor of Psychiatry, University of North Carolina at Chapel Hill
President, Eating Disorders Coalition for Research, Policy, & Action

Did You Know?

Partner with NCEED on Your Next Educational Event

NCEED is always interested in partnering with groups on education or other events. We now have a new way of contacting NCEED to start those discussions! Simply visit our Collaboration page and [fill out the online form](#). You can also [download a fillable PDF form](#) and submit it via email. We look forward to hearing from you!

[Submit a Collaboration Request](#)

Dr. Christine Peat on **Binge-Eating Disorder**

Dr. Christine Peat spoke with *Wondermind* about the difference between occasional binge eating and diagnosable binge-eating disorder. Visit this [link](#) to read more.

WONDERMIND

[Read the Full Article](#)

Education **Calendar**

The NCEED team presents monthly CME-certified webinars. Each event offers evidence-based insights and tools to help primary care clinicians and other providers identify and treat eating disorders. For information on this year's webinars, or to view any on-demand webinars, please visit our Education Calendar page.

[See Courses Now](#)

[See On-Demand Webinars](#)



Education **Spotlight**

NCEED Webinar Collaboration with the [Addiction Technology Transfer Center](#)

Shared Co-Factors for Co-Occurring Substance Use Disorders and Eating Disorders



Date: Wednesday, May 10, 2023

Time: 12:00pm-1:00pm EST

[Register Now](#)

This webinar addresses how SUD practitioners and treatment facilities can identify eating disorder symptoms. You learn how to provide minimal nutrition support and recognize when and at what level eating disorder-specific care is necessary. In this webinar, we also provide resources for clinicians to better diagnose and treat SUD and ED.



Presenter

Carolyn Coker Ross, MD, MPH, CEDS-S

African American author, speaker, expert in using Integrative Medicine for the treatment of food and body image issues, and addictions. CEO of The Anchor Program™

[See Accreditation Details & Register Now](#)



In partnership with

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SBIRT-ED

If you have not yet used the SBIRT-ED tool, join many of your colleagues and use it in your daily practice. Individuals who have eating disorders often don't look the way you may expect. It is important to uncover the signs and symptoms early. The SBIRT-ED tool helps you easily screen for eating disorders in your practice. It increases detection of eating pathology and referrals to specialty care.

[Watch this short video](#) to learn more.



[Watch Video](#)



Inside Look

In February, the Eating Disorders Coalition for Research, Policy & Action and the American Academy of Pediatrics (AAP) gathered for an important meeting. Christine Peat, PhD, EDC Board President, and Sandy Chung, MD, FAAP, President of the AAP, discussed how the EDC might work with the AAP to ensure that eating disorders are effectively detected and managed in this high-risk population. You can read more about this meeting [here](#).

We congratulate Dr. Christine Peat as the new President of the Board of Directors for the Eating Disorders Coalition for Research, Policy & Action. Dr. Peat serves a two-year term on the board. For more information, [visit this link](#).

The Eating Disorders Coalition Advocacy Day is coming up on May 18th, 2023. NCEED is excited to participate in this annual event with volunteers, advocates, and professionals. Join us as we work to influence legislation and policies surrounding eating disorder care. For more information, [visit this link](#).



Visit our website to sign up for our quarterly email newsletter. Each issue features the latest updates from our Leadership Team, and critical data surrounding eating disorders. You can also [register for upcoming webinars](#).

Sign Up For Our Newsletter

Contact Our Team

We always look to partner with other organizations on education, content, awareness building, and more. Have ideas on how to collaborate? Let's talk!



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