






# JULY 2022 NEWSLETTER

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**Grant Statement**

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# From the Director's Desk

Welcome to this quarter's edition of the NCEED newsletter! As we head into our fifth year, we have been thoughtful about how we increase our reach and impact, and we are eager to update you on these efforts.

**Screening, Brief Intervention, and Referral to Treatment for Eating Disorders (SBIRT-ED) is now live!** After thorough review by SAMHSA, the site was approved for launch at the end of June. We're incredibly excited to share with you this first-of-its-kind tool that we believe will improve early detection of eating disorders. Visit [www.eatingdisorderscreener.org](http://www.eatingdisorderscreener.org) to check out the tool, and be sure to [visit our website](#) to learn more about this initiative in the primary care space. We'd love to partner with you and the primary care networks with which you're connected, so **please be sure to get in touch if we can help assist with dissemination and implementation of SBIRT-ED.**



Although the primary care setting is a crucial target for improving eating disorders education and training, we also know there is work to be done among other important groups. For this reason, **NCEED is working on expanding our reach to key stakeholder groups, including military and veteran populations, certified peers, and indigenous and rural communities.** In the coming weeks and months, NCEED will be working to develop and pilot a training program for primary care providers within the VA to ensure they have the knowledge and skills necessary to care for their patients with eating disorders. We are also raising awareness by developing campaigns geared toward organizations and groups that serve military and veteran populations. This will improve detection of these conditions among a broad network of individuals.

Given the increased focus on incorporating the lived experience perspective in the larger mental health arena, NCEED is also working to better understand how this perspective might be interwoven into the technical assistance we provide. We have established relationships with the SAMHSA-funded [Peer Recovery Center of Excellence](#), the [Division of Recovery Support Services](#) within the [National Association of State Mental Health Program Directors](#), and the Certified [Peer Recovery Support Specialists](#) within the [Oklahoma Department of Mental Health and Substance Abuse](#) to host a series of listening sessions during which we seek to learn about the needs of certified peers when it comes to eating disorders. We plan to use the knowledge from these listening sessions to inform future work and projects that address unmet needs in this space. Follow along via our website and social media as we share information gained from these listening sessions.

NCEED is also committed to improving technical assistance efforts that specifically focus on underrepresented communities affected by eating disorders. To that end, we have established collaborative relationships with the [Alaska Eating Disorders Alliance](#) and [Providence Alaska Medical Center](#) to conduct a series of educational training and listening sessions focused on rural and indigenous populations. This work affords us the opportunity to provide educational training to healthcare providers throughout the state (including several remote parts of Alaska) to increase the capacity of these clinicians serving those with eating disorders. NCEED will also convene several listening sessions with Alaska Native communities to learn about their experiences and needs for technical assistance around eating disorders. The collective work in Alaska will inform future projects that incorporate the acquired knowledge to improve care for those in rural and indigenous communities.

As always, we encourage you to stay tuned via these newsletters and our social media for more information about the above projects and our upcoming webinars and resources. We are consistently working to strengthen and improve the technical assistance we provide, so please don't hesitate to reach out to us with questions or ideas—we remain eager to collaborate! Feel free to send us a note at [info@nceedus.org](mailto:info@nceedus.org). We look forward to hearing from you.

Best Regards,

**Christine M. Peat, PhD, FAED, LP**

Director, National Center of Excellence for Eating Disorders

Associate Professor of Psychiatry, University of North Carolina at Chapel Hill

# Did You Know

NCEED is thrilled to announce that we received full SBIRT-ED approval through SAMHSA in June 2022. This project is more than a year in the making and we are excited for the impact it will have in the field of eating disorders. Be on the lookout for upcoming news on the tool's release and when you can start using it in your practice!

Visit [eatingdisorderscreener.org](https://eatingdisorderscreener.org)



We launched a national media campaign in May to highlight our Eating Disorder Checklist for Primary Care Providers. This infographic helps clinicians understand and recognize the signs of an eating disorder in their patients.

Clinicians refer to the infographic when a patient presents in-office with certain symptoms. The presence of more than one symptom can be a trigger for the clinician to ask follow up questions to find the root cause. The infographic also includes links to evidence-based screening instruments.

Eating disorders have one of the highest mortality rates of any mental illness. Primary care providers can increase detection of these life-threatening illnesses by screening ALL patients in their care.

This campaign runs through July with the Cleveland Clinic Journal of Medicine and AAFP Smartbrief.

CLEVELAND CLINIC  
JOURNAL OF MEDICINE



## Dr. Cynthia Bulik Receives Lifetime Achievement Award

Dr. Cynthia Bulik, the founding director of the UNC Center of Excellence for Eating Disorders, was awarded a lifetime achievement award from the Academy for Eating Disorders (AED). Dr. Bulik has contributed a wealth of knowledge and expertise to the field through her involvement in many different organizations. Her focus on the biology of eating disorders and treatment options have provided significant findings and increased awareness on the issue. Congratulations to Dr. Cynthia Bulik!



[Read the Full Article](#)

# Education **Spotlight**

## Treating Eating Disorders in Latino Males



**Date:** Wednesday, July 20, 2022

**Time:** 1:00pm - 2:00pm EST

[Register Now](#)

This webinar addresses the cultural values that are important to consider when working with Latino males. Working with Latino males adds another level of complexity, as cultural factors could play a unique role in the eating disorder presentation. These factors often make assessment and treatment complex.



**Presenter**

**Mae Lynn Reyes-Rodríguez, PhD, FAED**

Associate Clinical Professor, UNC Chapel Hill

[See Accreditation Details & Register Now](#)

# Education **Calendar**

The NCEED team has a series of CME-certified webinars planned for 2022. Each one offers evidence-based insights and tools to help primary care clinicians identify and treat eating disorders. Save the dates and stay tuned for more details.



[See Courses Now](#)



**Presenter: Anna M. Lutz, MPH, RD/LDN, CEDRD-S**

**Title:** Managing Refeeding and Renourishment in the Outpatient Setting

**Date:** Thursday, August 18, 2022

**Time:** 12:00pm EST



**Presenter: Tonya Foreman, MD**

**Title:** Eating Disorder Treatment at Higher Levels of Care

**Date:** Wednesday, September 14, 2022

**Time:** 12:00pm EST

# Inside Look



Dates: July 20 to July 22, 2022

Register Now

Register today for the upcoming BIPoC Eating Disorders Conference scheduled for July 20th to 22nd. Several speakers will discuss the aspects of eating disorder treatment for members of the BIPoC community. This conference is offered virtually through Zoom and registration continues through Sunday, July 17, 2022.

For more information - <https://bipoceatingdisorders.showit.site>

## Get Updates From NCEED



Visit our website to sign up for our quarterly email newsletter. Each issue features the latest updates from our Leadership Team, and critical data surrounding eating disorders. You can also register for upcoming webinars.

Sign Up For Our Email Newsletter



# Contact Our Team

We always look to partner with other organizations on education, content, awareness building, and more. Have ideas on how to collaborate? Let's talk!



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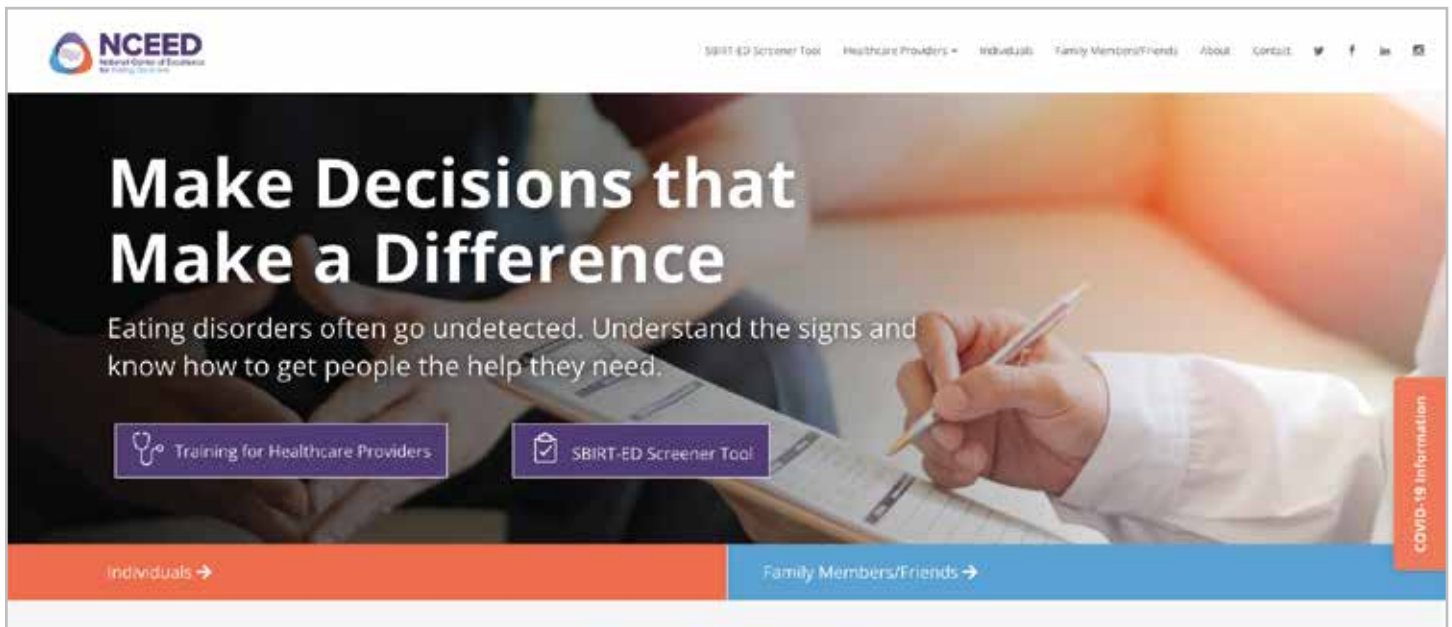
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# Visit NCEED Online

Visit NCEED online to find the latest information on webinars, resources, and much more!



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